

Daily Essential Nutrients provides the solid nutritional foundation your brain and body need to perform optimally. It is backed by more independent mental health research than any other vitamin-mineral formulation. Count on it to deliver results beyond anything seen with other products for these key reasons:*

- ▶ **Completeness.** Every biological process requires *multiple* essential nutrients. **Daily Essential Nutrients** delivers *every* essential vitamin and mineral you need to fortify your body against serious problems like chronic stress, anxiety, depression, and brain cell degeneration.*
- ▶ **Form.** **Daily Essential Nutrients** is powered by our proprietary **NutraTek™** mineral delivery technology, which combines each mineral with organic molecules—just like nature. This optimizes mineral absorption and enables vital nutrients to efficiently cross the blood-brain barrier, enhancing neuron structure and function.*
- ▶ **Balance.** The level of each ingredient is calculated to maintain the natural ratios of nutrients in your body that are critical to promote optimal cognitive function, mental clarity, focus, and mood stability.*

Suggested Use: For general health, take 2-4 capsules twice daily, or use Hardy Nutritionals® Optimal Balance®. For diagnosed conditions, consistently take 4 capsules 3 times daily, or a level recommended by a health professional.* If desired, start with 1 capsule and increase gradually. Take with food. Store in a cool, dry place. Do not use if tamper-evident seal is broken or missing.

Note: Children and individuals taking prescription medication(s) should be monitored by a physician while taking **Daily Essential Nutrients**. In most cases, psychoactive drugs will need to be gradually reduced and eventually discontinued during **Daily Essential Nutrients** therapy to minimize over-medication effects.* As with any supplement, if you have a medical condition, consult your doctor before use. For physician product information, call 1-855-955-1114.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



For Information and Orders:

Toll Free: 1-855-955-1114
www.GetHardy.com

Send comments to:
PO Box 416
Sweet Grass, MT 59484

Manufactured for: NutraTek Health Innovations Inc., Box 919, Raymond, AB, T0K 2S0

Made in U.S.A.



daily

Essential
Nutrients

Dietary Supplement



a specialized
vitamin-mineral
formulation
clinically proven
to enhance
mental & physical
well-being*



120 Capsules

Supplement Facts

Serving Size: 4 Veggie Capsules
Servings Per Container: 30

Amount Per Serving	%DV
Vitamin A (as retinyl palmitate)	576 mcg 64%
Vitamin C (as ascorbic acid)	200 mg 222%
Vitamin D (as cholecalciferol)	24 mcg 120%
Vitamin E (as D-alpha tocopheryl succinate)	78 mg 520%
Vitamin K (as phyloquinone & menaquinone-7)	40 mcg 33%
Thiamin (as thiamine mononitrate)	20 mg 1667%
Riboflavin	6 mg 462%
Niacin (as niacinamide)	30 mg 188%
Vitamin B ₆ (as pyridoxine hydrochloride)	23.3 mg 1372%
Folate (as calcium L-5-methyltetrahydrofolate)	444 mcg DFE 111%
Vitamin B ₁₂ (as adenosylcobalamin & methylcobalamin)	300 mcg 12500%
Biotin	360 mcg 1200%
Pantothenic acid (as D-calcium pantothenate)	10 mg 200%
Choline (as bitartrate)	64 mg 12%
Calcium (as NutraTek™ chelation complex)	440 mg 34%
Iron (as NutraTek™ chelation complex)	4.6 mg 26%
Phosphorus (as NutraTek™ chelation complex)	280 mg 22%
Iodine (as NutraTek™ chelation complex)	68 mcg 45%
Magnesium (as NutraTek™ chelation complex)	200 mg 48%
Zinc (as NutraTek™ chelation complex)	16 mg 145%
Selenium (as NutraTek™ chelation complex)	68 mcg 124%
Copper (as NutraTek™ chelation complex)	2.4 mg 267%
Manganese (as NutraTek™ chelation complex)	3.2 mg 139%
Chromium (as NutraTek™ chelation complex)	208 mcg 594%
Molybdenum (as NutraTek™ chelation complex)	48 mcg 107%
Potassium (as NutraTek™ chelation complex)	80 mg 2%

Proprietary blend 425 mg †
Alpha-lipoic acid, mineral wax, inositol, acetyl-L-carnitine, grape seed extract, ginkgo biloba leaf extract, N-acetyl-L-cysteine, L-methionine, trace minerals as NutraTek™ chelation complex: lithium orotate, boron, vanadium, nickel.

† Daily Value (%DV) not established.

Other ingredients: Vegetarian capsule (hypromellose, titanium dioxide), microcrystalline cellulose, magnesium stearate, silicon dioxide.

- ▶ **GMO-Free**
- ▶ **Gluten-Free**
- ▶ **Vegetarian-Friendly**